





# Welcome to the Hertfordshire and West Essex ICS Research Training Guide!

#### V1 dated 20th March 2025

This guide is structured to help you find the training you need, whether you are just starting out in research or looking to enhance your skills.

We've organised the content into the following sections to help you quickly locate the resources that best match your needs:

Section 1: Enhance your research awareness.

**Section 2:** Advance your research career with targeted resources.

Section 3: Access resources for research management and governance.

**Section 4:** Explore specialised training opportunities.

Section 5: Find support for colleagues involved in research delivery.

**Section 6:** Get guidance on applying for research funding.

Section 7: Discover studies you can participate in.

#### 1. New to Research

| NIHR GCP Training         | Essential for anyone involved in clinical research. Covers ethical and regulatory compliance.                     |
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| Introductory courses      | Basic training on reading and writing research papers, using research evidence, and understanding research roles. |
|                           | Offers a range of eLearning modules and face-to-face training for the research community. Examples include:       |
| HRA Learning<br>Resources | Research Ethics: Understanding the ethical considerations in research.  |
|                           | Informed Consent: Best practices for obtaining and documenting informed consent.                                  |

|                                   | Data Protection and Confidentiality: Ensuring compliance with data protection laws and maintaining confidentiality.                            |
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|                                   | Clinical Trials: Overview of clinical trial processes and regulatory requirements.   |
| NHS R&D Forum  Training Programme | Training in health and social care research governance and management. Register through the NHS R&D Forum website. Membership may be required. |

# 2. Research Career Development

| NIHR Research Career<br>Funding Programmes       | Supports researchers at various career stages, from predoctoral to professorships. Explore and apply through the NIHR website. |
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| Associate Principal Investigator (PI) Scheme     | Six-month in-work training with mentorship from a Local PI. Apply via the NIHR Learn website.                                  |
| Principal Investigator Pipeline Programme (PIPP) | For research delivery nurses and midwives to develop research leadership skills.   |
| Clinician Researcher Credentials Framework       | Master's level qualifications to develop skills, networks, and confidence to lead clinical research.                           |
| Senior Research Leader<br>Programme              | For experienced research delivery nurses and midwives aiming to become CIs.  |

# 3. Specialised Training

| Basic Statistics and Data<br>Interpretation                  | A face-to-face course for health and social care professionals to interpret commonly reported statistics. Register through the NIHR ARC West website.   |
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| Introduction to quantitative research methods and statistics | Training on different research methodologies via NIHR learn. Please note this course is only available to Health Research Authority Research Ethics Members (REC) and Confidentiality Advisory Group Members (CAG). |
| Economic Evaluations in Healthcare                           | A blog outlining key considerations for planning an economic evaluation in healthcare.  |
| NIHR ARC North West Coast training database                  | A large bank of training resources including ethics and safeguarding, computer software, evidence synthesis   |

| and evaluation. Mostly free to access, any restrictions are detailed on the database. |
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#### 4. Research Management, Governance, and Sponsorship

| Essentials of NHS Research         | Covers the fundamentals of research management and governance.   |
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| Essentials of Research Sponsorship | Develop skills and knowledge in research sponsorship.<br>There might be a charge associated with some courses. |

# 5. Support Staff Resources

| Fundamentals of Clinical Research Delivery for Laboratory Staff | Tailored for lab staff, including GCP training. Complete the GCP course and additional training on NIHR Learn.  |
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| FutureNHS Collaboration Platform                                | Secure space for professionals to connect, share knowledge, and learn. Join or create workspaces, access webinars, online courses, and case studies.                          |
| Hertfordshire and West Essex ICB Primary Care Research Forum    | Supports individuals, practices, and Advanced Practitioners with their research activities. Provides quarterly meetings via Teams for collaboration, learning, and support.   |
| Hertfordshire Health Evidence Service (HHES)                    | Provides access to a wide range of health and social care evidence, including databases, journals, and books. Offers training on literature searching and critical appraisal. |
| Research and Innovation Hub Advice Sessions                     | Offers advice on how to get started with research, innovation, and evaluation. These one-hour meetings also provide the chance to discuss specific projects or ideas.         |
| Research Toolkit for<br>Matrons and Health and<br>Care Leaders  | Practical information to support research leadership and innovation within nursing teams.   |

## 6. Support with Research Grant Applications

| NIHR Research Support | Support for writing successful research grant |
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| Service (RSS)         | applications.                                 |
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## 7. Opportunities to Take Part in Research

| Be Part of Research | A free tool to find health and social care studies that you can take part in. You can search be health conditions and location and will be matched to suitable research opportunities. |
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