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| **Name & Surname** |  | **Trainer Name** |  | **Date of Course** |  |

**Please rate your knowledge from 1-5 for both before and after the course**

1 = not at all familiar, 2 = slightly familiar, 3 = somewhat familiar, 4 = moderately familiar, 5= extremely familiar

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| **Learning Outcome** | **Before the course** | **After the course** | **Please write a reflection of what you will take away from each outcome** |
| 1. You know local protocols, policies and guidelines relating to wound care and treatment
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| 1. You have an awareness of the anatomy and physiology of the skin and the importance of maintaining its integrity
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| 1. You understand the definition of a wound and can differentiate between skin tears and other wounds
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| 1. Understand red flags for wounds including skin tears and lower leg ulcers (including diabetes, pressure ulcer, skin infection and deterioration)
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| 1. You can provide initial wound care including completing an initial wound assessment, wound and skin cleaning
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| 1. You understand how and when to use simple low-adherent dressing with sufficient absorbency where appropriate,
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| 1. You know the signs of significant arterial insufficiency and to refer for urgent vascular care
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| 1. You can identify the signs of a pressure ulcer and the appropriate individuals to alert, while also understanding how different skin tones can affect the presentation of wound symptoms, such as less apparent blanching and variations in skin discoloration
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| 1. You are able to offer advice on pressure ulcer management including prevention and early signs
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| 1. You know referral routes for assessment and how to follow
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| 1. You can conduct a SSKIN Assessment
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| 1. You can conduct a STARR assessment
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| 1. You understand pressure ulcer risk management and can recognise the ulcer categorisation including understanding of next steps such as escalation
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| 1. You can follow a skin tear pictorial guide and understand next steps including escalation
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| 1. You understand the use of compression for patients with venous disease and are able to apply compression stockings as advised by prescriber
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| 1. If Clinical staff: You can identify those at risk of skin tears and know what actions to take that can reduce the risks
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| 1. If non- clinical staff: You can identify those at risk of and early signs of pressure ulcers
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