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| **Name & Surname** |  | **Trainer Name** |  | **Date of Course** |  |

**Please rate your knowledge from 1-5 for both before and after the course**

1 = not at all familiar, 2 = slightly familiar, 3 = somewhat familiar, 4 = moderately familiar, 5= extremely familiar

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| **Learning Outcome** | **Before the course** | **After the course** | **Please write a reflection of what you will take away from each outcome** |
| 1. You ensure that the needs of carers, including children and young people, are considered and that carer support and, where appropriate, assessments are offered. |  |  |  |
| 1. You can explain the scientific basis and clinical manifestations of disease processes that are life limiting and integrate this knowledge in the assessment, diagnosis and management of patients with life limiting, progressive disease commonly encountered within own practice |  |  |  |
| 1. You can analyse presentation of illnesses in people with dementia and other common psychiatric and psychological conditions including clinical depression |  |  |  |
| 1. You can demonstrate knowledge and recognition of psychological responses to illness and skills to assess and manage these in practice including psychological impact of pain and other symptoms, responses to uncertainty and loss, presentation of illness in people with dementia or pre-existing psychological/psychiatric problems, distinction between sadness and clinical depression. |  |  |  |
| 1. You can elicit a relevant focused history and holistic assessment from patients with complex end of life care needs/issues and in increasingly challenging situations, including prioritizing the patient’s agenda encompassing their beliefs, concerns, expectations and needs |  |  |  |
| 1. You can document and report the history/assessment accurately and synthesize this with relevant clinical examination, establishing a problem list/differential diagnosis (relevant to own professional group) and formulate a management plan that takes account of likely clinical evolution |  |  |  |
| 1. You communicate effectively, including managing any disagreement, a management plan to the multi-professional team, other services/agencies and the patient applying the principles, guidance and laws regarding ethics and confidentiality. |  |  |  |
| 1. You understand the range of therapeutic options available, including drugs, hormone therapy, physical therapies, counselling or other therapies, surgery, community or practical support |  |  |  |
| 1. In partnership with others, you implement, monitor and review the EoLC plan to address the five priorities of care identified by The Leadership Alliance for Care of Dying People (2014). |  |  |  |
| 1. You can demonstrate knowledge, skills and understanding to manage symptoms and other clinical problems secondary to life-limiting progressive disease including pain, gastro-intestinal symptoms, respiratory symptoms, genitourinary symptoms, musculoskeletal and skin problems, neurological and psychiatric problems, paraneoplastic syndromes, palliative care emergencies, treatment induced symptoms |  |  |  |
| 1. You can review and monitor interventions and management plans, including medications and non-medication-based interventions, identifying indications, contraindications, side effects, drug interactions and dosage of commonly used drugs communicating appropriately to multi-professional team, patients (and carers). |  |  |  |
| 1. You can demonstrate knowledge of treatment methods and drug use for patients with life-limiting progressive diseases, including relevant national guidelines and protocols, drug formularies in palliative care, legal and ethical issues related to the prescription of controlled drugs, and challenges of polypharmacy, while also understanding how to manage the medication of individuals with frailty and assist patients in better understanding their medications. |  |  |  |