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| **Name & Surname** |  | **Trainer Name** |  | **Date of Course** |  |

**Please rate your knowledge from 1-5 for both before and after the course**

1 = not at all familiar, 2 = slightly familiar, 3 = somewhat familiar, 4 = moderately familiar, 5= extremely familiar

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| **Learning Outcome** | **Before the course** | **After the course** | **Please write a reflection of what you will take away from each outcome** |
| 1. You can analyse theories and evidence relating to the psychological impact and responses to illness and loss and integrate this knowledge in the assessment and management strategies within clinical practice.
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| 1. You apply general principles of pharmacodynamics and pharmacokinetics and, for drugs commonly used in palliative and end of life care, explain: Routes of administration, absorption, metabolism, excretion, half-life, frequency of administration, adverse effects and their management, opioid switching, use of syringe drivers, interactions with other drugs, issues of tolerance addiction, dependence and discontinuation reactions dose adjustment in altered metabolism, organ failure, disease progression and in dying patients
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| 1. You can demonstrate knowledge of the principles of rehabilitation in progressive illness and the skills to appropriately initiate rehabilitation for patients with palliative/end of life care needs
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| 1. You can analyse the overall approach of person-centred, value-based practice and how this relates to ethics, law and decision-making in palliative and end of life care
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