



Issue 10, August 2025

Dear colleague,

Welcome to this issue of the Population Health Management (PHM) Newsletter. We are excited to share the latest news and developments taking place within PHM space across Hertfordshire and west Essex (HWE).

1. PHM Insights – Neighbourhood Packs:

You can access our latest neighbourhood insights packs on our PHM website through the following links:

- [East and North Hertfordshire packs](#)
- [South and West Hertfordshire packs](#)
- [West Essex packs](#)

The packs have been instrumental in supporting teams with the [National Neighbourhood Health Implementation Programme](#) applications and understanding opportunities within our local population.

2. PHM Insights – Polypharmacy and Deprescribing Pack:

Medicines are the most common and one of the costliest interventions in healthcare. Approximately 1 in 5 admissions to hospital in those over 65 is due to the harmful effects of medicines which requires careful medicines management. Our PHM team led on the production of the Polypharmacy and Deprescribing pack in collaboration with colleagues from across the system. The pack is a useful resource for polypharmacy and effective medicines management and it can be accessed via [our PHM website](#).

3. Scenario/System Dynamic Modelling Project

We are pleased to share that governance to progress with the technical elements of the partnership project around scenario modelling is now in place. The project will utilise University of Hertfordshire's (UH) expertise on advanced statistical and analytical techniques to predict the needs and demands of our 1.6m HWE ICS population and its segments in the short, medium and longer term. The project is being led by Professor Iosif Mporas (School of Physics, Engineering and Computer Science, UH) and Charlotte Mullins (PHM Team, HWE ICB). We will share initial outputs at our upcoming multi-disciplinary workshop. Further details to follow.

Thank your interest in our PHM Newsletter. Our next issue will be available in October. You can access previous newsletters on our [PHM website](#). For queries, you can contact us via hweicbhv.phm@nhs.net.